Goshen Department of Welfare
(603) 863-9529

As the colder weather approaches we would like to make sure residence aware of the programs and benefits that may be available to low-income individuals and families.

**Energy Services**
Call: 542-9528 or 1-800-529-0005 for:
- Fuel Assistance Program
- Electric Assistance Program

*Provides qualifying electric customers with a discount off their electric bill.*

**Neighbor Helping Neighbor**
*(If you are not eligible for fuel assistance but have an electric disconnection notice)*

**Senior Energy Assistance Program (SEAS)**
Assists elderly age 60 and above who are over income under (LIHEAP) with up to $270 per household

*Remember to contact Fuel and Electric Companies before missing scheduled payments to inform them of any difficulties may have in paying on time. Ask for an extension and tell them when you will be able to pay. If you need assistance in making payment arrangements with electric company to avoid disconnection contact the Charlestown Health and Human Service Office.*

**Food**

**Newport Food Pantry**
95 South Main Street, #97, Newport, NH
863-3411 (open Mon./Thu 9-noon Tues. 4:30-6:30pm and Wednesday 12-3pm)

**Claremont Soup Kitchen and Food Pantry**
18 Central Street, Claremont, NH
543-3290 Open Monday – Thursday 4:00pm – 5:30pm

**SNAP (Food Stamps)**
Claremont District Office 17 Water Street, Suite 301 Claremont, NH
Apply online at [www.nheasy.nh.gov](http://www.nheasy.nh.gov) or call: 1-800-852-3345 ext. 9700

**WIC (Women Infants & Children)**
If, you have children under the age of (5) five
Call: 1-800-529-0005 or visit [http://www.dhhs.nh.gov/dphs/nhp/wic](http://www.dhhs.nh.gov/dphs/nhp/wic)

**CSFP (NH Commodity Supplemental Food Program)**
For seniors age 60 and above, call: 1-800-529-0005 and women with children up to age 6

**Housing/Homeless Prevention/Homeless**
**Call (SCS) Southwestern Community Services for:**

**Homeless Prevention Program** – application can be found at [http://www.scshelps.org/homelessServices.htm](http://www.scshelps.org/homelessServices.htm) or call 719-4225 or 719-4226

**SCS Housing, Inc.** – Low income Senior and Family housing
Application can be found at [www.scshelps.org/housing.htm](http://www.scshelps.org/housing.htm) or call Diane Ouellette at 719-4284

If, you are Homeless call 211 and the **NH Housing Authority** at 1-800-439-7247, for immediate assistance

**General Assistance Applications are available at the Town Hall and at Community Alliance of Human Services, 27 John Stark Highway in Newport, NH.**